



**Indian Association for Cognitive Behaviour Therapy (IACBT)**  
(permanent member of Asian CBTs Association (ACBTA))

*presents a foundation workshop on*

# CBT FOR PSYCHOSIS

**25th June, 2025**  
**05:30pm – 08:30pm**

## **What is Psychosis?**

Gain a foundational understanding of psychosis—its symptoms (like hallucinations, delusions), causes, and how it affects daily functioning.

## **CBT for Psychosis (CBTp)**

Learn how Cognitive Behavioural Therapy can be adapted to help individuals challenge distressing thoughts, reduce symptoms, and improve coping.

## **Bridging Theory & Practice**

Discover evidence-based strategies used in CBT to work with psychotic experiences, including real-life case examples and interventions.

## **Who can attend?**

Mental Health  
Professionals/Post Graduate  
Students and Scholars of  
Psychology and related fields



## **Prof. Shanaya Rathore**

*Consultant Psychiatrist & Certified Leadership Coach  
Former Director of Research,  
Southern Health NHS Foundation Trust, UK*

**Register Now:**

## **Fee**

**Students: Rs.1000**

**Professionals: Rs.2000**

**IACBT Members: Rs.1500**



+91 8287804056 (WhatsApp only) [iacbtmembers@gmail.com](mailto:iacbtmembers@gmail.com)

[www.iacbt.org](http://www.iacbt.org)