

ICCBI 2018 Pre-Conference Workshop 3

Cognitive Behavior Therapy (CBT) in Attention Deficit Hyperactivity Disorder (ADHD)

On – 25/09/2018 from - 09:00 am – 12:30 pm

Fee – Rs. 1500/-

Learning objectives -

1. Informing students/ budding psychologists/ therapists/ professionals about the utility of CBT strategies in ADHD
2. Educating them about the differential implementation for these strategies for managing across the developmental stages (issues to consider when using CBT with children and adolescents, specially)
3. Treatment focus in CBT in ADHD
4. Updating their knowledge base about recent advances/ evidence in the field
5. Discussing the efficacy of CBT
6. Providing hands-on training in assessment methods used for evaluating the effect of CBT in ADHD
7. In-session role plays

Workshop Resource Person:



Dr Monica Mongia

Scientist-II, NDDTC, AIIMS, New Delhi

PhD in Clinical Psychology (AIIMS, New Delhi)

Postdoc in ADHD, McGill University, Canada

Areas of Interest/Specialization: Attention Deficit Hyperactivity Disorder (ADHD), Specific Learning Disability (SLD), Child Sexual Abuse (CSA), Substance use disorders among children and adolescents, Caregiving in schizophrenia, Cognitive behaviour therapy (CBT)
Dialectical Behaviour Therapy (DBT)