

ICCBI 2018 Pre-Conference Workshop 7
Psychosocial interventions in Substance Abuse disorders

On – 26/09/2018 from - 09:00 am – 12:30 pm

Fee – Rs. 1500/-

Workshop Background - Psychosocial interventions play important role in understanding and managing substance use disorders. Psychosocial interventions typically target users' motivation, self-efficacy, coping skills, and social support. Two of the most common intervention paradigms that derive from these conceptual underpinnings are motivational interviewing and skills training. Motivational enhancement helps users to remain in treatment. Skill training is used with individuals who are actively working on cessation. The core components of skills training include- identifying and coping with high-risk situations associated with substance use, modifying cognitive expectancies and attributions associated with substance use, teaching stress management skills, and modifying general lifestyle activities.

Workshop Objectives - The workshop will provide hands on training for conducting Psychosocial Interventions especially Motivation Enhancement Therapy in Substance Use Disorders. After attending 3 hours of training workshop participants will be able refine their skills in the field of Substance Use Disorder and can practice Motivation Enhancement Therapy under supervision.

Who should attend? - The Workshop will be useful for those (especially Counsellors/Psychologists/Social Workers) who are already working in the area of Substance Use Disorders.

Workshop Resource Person:

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- Registered Clinical Psychologist under Rehabilitation Council of India (RCI)
- Chairperson of NOC Expert Committee, Ministry of Woman & Child Development, GOI.
- Member of Expert Working Group (EWG) to develop manual for Psychologist Under National Mental Health Program, Ministry of Health & Family Welfare, GOI.
- Academic counsellor at IGNOU.
- Student Counsellor at AIIMS.
- Worked at IHBAS, Delhi & NIMHANS, Bengaluru
- Resource Person: PGIMS Rohtak, Jamia Millia Islamia, Gautam Buddha Univ., SGT Univ., CBI Academy, NACO, CRC, DD National & Aakashwani.
- On panel of external examiner in different training Inst./Univ.
- Participated and presented scientific papers in different National and International Conferences, Symposia, Seminars and Workshops. Member of Editorial board of different peer reviewed Journals. Office bearer of different professional societies.
- Publications: More than 30 Articles & Books on CBT, Group Therapy, Addiction, etc.
- Membership in Professional Societies: Fellow, Indian Association of Clinical Psychologists (IACP), World Association of Psychosocial Rehabilitation (WAPR- Indian chapter), National Academy of Psychology (NAOP) Indian Association of Social Psychiatry (IASP)