



WORLD CONFEDERATION
OF COGNITIVE AND BEHAVIOURAL THERAPIES



INTERNATIONAL
SUMMIT
ICCBT-2025

CORPORATE EDITION

BUSINESSES. ORGANIZATIONS. ACADEMIA

#WellatWork

**THE FUTURE OF WORKPLACE
WELLBEING: INSIGHTS & BEST
PRACTICES**

**11-12 APRIL: MAIN CONFERENCE
13 APRIL: POST CONFERENCE WORKSHOPS**

**VENUE :
NDMC CONVENTION
CENTRE NEW DELHI**

IN COLLABORATION WITH



Concept Note

The World Health Organization (WHO) recognizes the workplace as a key setting for mental health action. Prioritizing well-being is essential, as good health is a fundamental human right. Given the escalating concerns surrounding the contemporary workplace, there is a compelling need for nuanced insights and evidence-based solutions to address the complex issues impacting corporate lived experiences. The ultimate goal of future workplaces will be to become thriving communities that nurture the whole person, driving success, happiness, and fulfillment for both individuals and organizations.

About ICCBI 2025 (Corporate Edition Summit)

This summit is a signature event of the Indian Association for Cognitive Behavioural Therapy (IACBT). It is **envisioned as a multi-stakeholder stage that will converge organisational leaders, corporate dignitaries, scholars, and professionals from the realms of HR, Management and I/O Psychology.**

The event will provide valuable insights into research backed HR and wellness policies, enabling the implementation of effective well-being initiatives that drive measurable business outcomes. **Attendees will gain evidence-based strategies to enhance employee motivation and morale, strengthen interpersonal communication, and improve productivity and retention.**

About the Organizer

The **Indian Association for Cognitive Behavioural Therapy (IACBT), established in 2016** is the pioneering CBT organisation in India and is a permanent member of the **Asian CBT Association** (www.acbta.org) and **World Confederation of CBT** (www.wccb.org). The IACBT is a professional body which is focused on developing the practice, training, supervision and research of Cognitive Behavioural Interventions in India. It was founded in 2016 and is now recognised locally and globally as a significant contributor to the development of evidence-based intervention.

About the Collaborating Organisations

The School of Open Learning (SOL) was established in the year 1962 under the **University of Delhi**. The School has taken initiatives for developing flipped-classroom technology by giving importance to virtual/audio-visual teaching-learning followed by activity/skill based experiential learning in different study centres and providing open access to all text to speech contents/study material, audio lectures and video lectures.

Established in the year 1955, **Delhi Management Association (DMA)**, is a non-profit and autonomous entity which focuses on providing a wide range of services aimed at enhancing managerial effectiveness in the broad sphere of business management activities.

Kamkus Clinic, is a Multidimensional Healthcare clinic in London, established in 1998, by Dr. Diwakar Sukul, a distinguished Chartered Clinical Psychologist, who also serves as a Chairman of the **International Book of Honor**.



SUMMIT THEME:

MAKING WELLBEING A CONSCIOUS CHOICE IN MODERN WORK SPACES

CALL FOR SUBMISSIONS

Inviting Psychologists, HR & Management Professionals, Entrepreneurs, Government Representatives, Researchers, Wellbeing Experts, Business Leaders, Industry Associations, Scholars & Students to contribute abstracts for presentation related to the theme and subthemes to iccbi2025@gmail.com.

Accepted abstracts will be intimated for full paper submission as chapters in an edited book by a reputed International Publisher. The cover page will be released in the Summit Inauguration.

Abstract Submission Guidelines

Word Limit : up to 350 words/ **Preferred Font**: Times New Roman 12PT, 1.5 Line Spacing/ **Keywords**, Author Names and Affiliations to be mentioned clearly

ABSTRACT SUBMISSION DEADLINE - 5TH MARCH 2025
EARLY BIRD REGISTRATION DEADLINE - 7TH MARCH 2025
ABSTRACT ACCEPTANCE BY - 10TH MARCH 2025
FULL PAPER SUBMISSION DEADLINE - 22ND MARCH 2025

REGISTRATION DETAILS

Delegate Categories	Early Bird (INR) (till 07/03/2025)	Advanced (INR)	Workshop (per) (INR)
Students/ Scholars	1200	1500	1000
Academicians / Consultants	3000	4000	1500
IACBT Members	2000	2500	1000
Corporate Delegates	6000	8000	2500
International Delegates	USD 250	USD 300	USD 100

* Fee is inclusive of 18%GST

**Fee includes tea, lunch, and conference kit

<https://forms.gle/unGyTjY9UghJFpmC8>



**SCAN TO
REGISTER**

SUBTHEMES

Strategies for Modern Work Environments	Wellbeing in the Digital Age: Managing Screen Time and Technology Use
The Impact of Remote and Hybrid Work on Mental Health	Rethinking the 9-to-5: The Rise of Alternative Work Arrangements
The Business Case for Inclusive Work Environments	Creating a Culture of Feedback: Encouraging Open Communication in the Workplace
Upskilling and Reskilling	The Role of Workplace Wellbeing in Attracting and Retaining Top Talent
The Science of Engagement	The Importance of Sleep: How Rest Impacts Workplace Wellbeing
Psychological Safety and Conflict Resolution	Navigating Decision Fatigue and Its Impact on Job Satisfaction
Work-Life Integration and Flexibility	Bridging the Gap: How Company Policies vs Employee Benefits Differ in Public vs Private Sectors
The Intersection of Employee Engagement and Corporate Social Responsibility	Turning Project Failures into Opportunities: Building Resilience for Long-Term Success
Mental Health at the Workplace	Women Leaders and Entrepreneurs: Navigating Workplace Wellbeing in Small- and Large-Scale Businesses

SPONSORSHIP DETAILS

SPONSORSHIP CATEGORY	AMOUNT
Platinum Partner	INR 10 lakhs
Gold Partner	INR 7 lakhs
Silver Partner	INR 5 lakhs
Bronze Partner	INR 3 lakhs
Exhibition Space (Stalls)	INR 50,000/- Each
Banquet Sponsor	INR 3 lakhs
Venue Sponsor	INR 3 lakhs

*Sponsorship Benefits Include: Brand Promotion, Networking Opportunities, Complimentary Conference Registration, Future Event Collaboration, Showcasing Products & Services, CSR

PROGRAM OVERVIEW

DATES	PROGRAM STRUCTURE
11 APRIL (Friday)	<ul style="list-style-type: none"> ➤ Registration ➤ Conference Inauguration ➤ Plenary Session ➤ Invited Talks ➤ Panel Discussion ➤ Networking Lunch ➤ Open Paper Presentations
12 APRIL (Saturday)	<ul style="list-style-type: none"> ➤ Registration ➤ Symposiums ➤ Invited Talks ➤ Skill Classes ➤ Group Activities ➤ Networking Lunch ➤ Valedictory Session
13 APRIL (Sunday)	<ul style="list-style-type: none"> ➤ Workshops

POST CONFERENCE WORKSHOPS

13TH APRIL - SUNDAY

S No.	Resource Person	Workshop Title
Workshop 1	PROF. N. K. CHADHA (Emeritus Professor of Psychology)	Emotional Intelligence in the Workplace
Workshop 2	DR. MALA BALI, CP (Founder, MBB Consulting)	Psychodrama based Interventions in the Workplace: Unlocking Potential Through Role Play & Action
Workshop 3	PROF. DIWAKAR SUKUL (Chartered Clinical Psychologist, Kamkus Clinic)	Stress Management through Mind-Body Harmonics
Workshop 4	DR. SONIA PUAR & MS. RASHMI PANDEY (Associate Professor, AIBHAS, Amity University)	Mental Health First Aid in the Workplace: Recognising Signs of Distress, Practical Skills for Initiating Support and Recovery
Workshop 5	PROF. SHANAYA RATHOD (Con. Psychiatrist & Mental Wellness Educator, UK)	Evolving Leadership: Adapting Styles and Roles to Foster Mental Health at Work
Workshop 6	DR KAM GILLAR (BABCP Accredited Psychotherapist & Leadership performance Coach, London)	Motivation: Discovering Your Drive and Growing Through Purpose
Workshop 7	PROF. SUJATA SATAPATHY (Dept. of Psychiatry, AIIMS)	Managing Conflict at Workplace: Effective Strategies for Resolution
Workshop 8	PROF. RITU SHARMA (Professor of Psychology SLS, PDEU, Gandhinagar)	Cognitive Behavioural Interventions for Indian Corporates: Enhancing Your Ability to Unlock and Articulate Your Best Self
Workshop 9	DR. SIDDIQA HUSSEIN (Founder, Mind Works Bait)	Understanding Self & Others

ALL WORKSHOPS WILL BE OF 3 HOURS DURATION AND REQUIRE SEPARATE PAYMENT

CONFERENCE ADVISORY COMMITTEE



PROF. N K CHADHA
CHIEF ADVISOR



PROF. PAYAL MAGO
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CAMPUS OF OPEN LEARNING,
UNIVERSITY OF DELHI



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EDUCATOR, UK



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FORMER IAS OFFICER &
FOUNDER MINDTHERAPY
INDIA



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PRESIDENT, WCCBT



DR. NIMISHA KUMAR
CHAIRPERSON & CONVENOR,
ICCBI 2025 PRESIDENT,
IACBT & ACBTA



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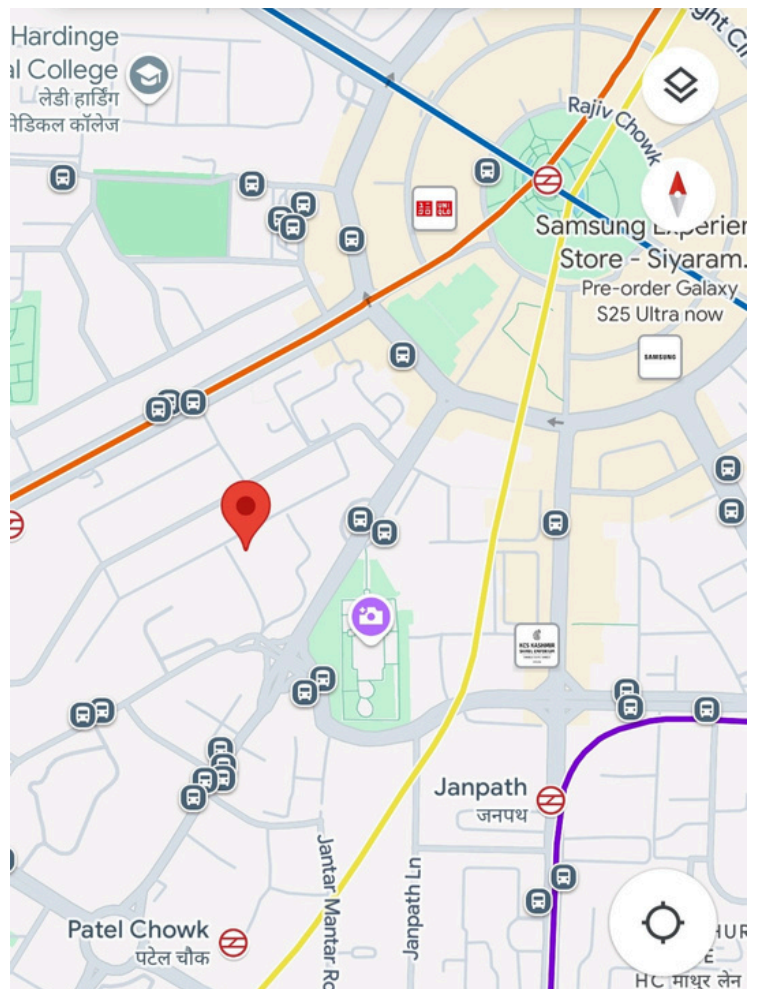
ICCBI 2025



Actively Inviting -
Sponsors/Exhibitors/Academic
partners/Collaborations



Venue Map



CONTACT DETAILS

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