



WORLD CONFEDERATION
OF COGNITIVE AND BEHAVIOURAL THERAPIES



INTERNATIONAL SUMMIT THE FUTURE OF WORKPLACE WELLBEING: INSIGHTS & BEST PRACTICES

11-12TH APRIL 2025, NDMC CONVENTION CENTRE, NEW DELHI

POST CONFERENCE WORKSHOPS
13TH APRIL, SUNDAY

#WellatWork

OUR EMINENT WORKSHOP LEADERS

PRE-LUNCH WORKSHOPS 10AM TO 1PM



EMOTIONAL INTELLIGENCE

DR. N. K. CHADHA
PROFESSOR EMERITUS



STRESS MANAGEMENT

PROF. DIWAKAR SUKUL
FOUNDER KAMKUS CLINIC



PSYCHODRAMA INTERVENTIONS

DR. MALA BALI, CP
FOUNDER MBB CONSULTING



SELF & OTHERS

DR. SIDDIQA HUSSEIN
FOUNDER, MIND WORKS BAIT

POST-LUNCH WORKSHOPS 2PM TO 5PM



MENTAL HEALTH FIRST-AID

DR. SONIA PUAR & MS. RASHMI PANDEY,
AIBHAS, AMITY UNIVERSITY



CONFLICT RESOLUTION

PROF. SUJATA SATAPATHY
DEPT. OF PSYCHIATRY, AIIMS



COGNITIVE BEHAVIOURAL
INTERVENTIONS

PROF. RITU SHARMA
PROF. PSYCHOLOGY, SLS, PDEU



LEADERSHIP

PROF. SHANAYA RATHOD
CON. PSYCHIATRIST AND
WELLBEING EDUCATOR, UK



MOTIVATION

DR KAM GILLAR
BABCP ACCR. PSYCHOTHERAPIST, UK

All workshops will be of
3 hours duration
and require separate
registration



<https://forms.gle/unGyTjY9UghJFpmC8>